

# Jennifer Lyon DO

Brookside Family Medicine (231)922-0400 Table Health (231)333-1331

## Board Certification

Osteopathic Family Medicine 2008, Recertification completed 2016

Osteopathic Sports Medicine 2009

## Post-graduate work

Osteopathic Internship, Sparrow Hospital, Lansing MI 2004

Sparrow Family Medicine Residency Program, Lansing, MI 2005-2007

Michigan State University Sports Medicine Fellowship, Lansing, MI 2007-2008

## Education

### Doctor of Osteopathy

Michigan State University College of Osteopathic Medicine, E. Lansing, MI 2004

### Bachelor of Science in Physiology

Michigan State University, E. Lansing, MI 2000

### Undergraduate Prerequisites

Butler University, Indianapolis, IN

## Certifications

**Institute of Functional Medicine certification: completed courses 2018**

## Professional Experience

### Team Physician for High School Football Coverage

Holt High school, Holt, MI 2005 and 2006 Eastern High school, Lansing, MI 2007

### Team Physician for Michigan State Collegiate Athletes

Women and Men's Swim and Dive teams, Women's Soccer and Basketball teams, and Men's Football and Basketball teams 2007-2008

### Team Physician for Traverse City Wolves

Semi-Professional Football Team, Traverse City, MI 2010-2013

### Team Physician for Traverse City Toxic Cherries

Women's Roller Derby Team, Traverse City, MI 2011

### Physician Coverage of the 3 Day Breast Cancer Walk

Plymouth, MI 2007

### Clinical Skills Instructor

Michigan State University College of Osteopathic Medicine, East Lansing, MI 2006

Off campus Michigan State University College of Osteopathic Medicine Faculty, Traverse City, MI 2010-2019

### Urgent Care Physician

Sparrow Urgent Care Facilities 2008 and Munson Urgent Care 2011

### Family Medicine and Sports Medicine Primary Care Physician

Creekside Clinic and Creekside Sports Medicine Institute 2009- 2014

Partners In Health 2014-2015

Brookside Family Medicine 2015-present

Table Health 2018-present

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## **Extracurricular Activities**

**Co-director of Lansing Chamber Dance Company**  
Lansing, MI 2006-2008

**Dance Instructor and Dance Performer**  
Danceworks of Michigan and Lansing Community College Lansing, MI 1997-2008

Ballet Etc. Traverse City MI 2008-2010, 2015-2018

Michigan Dance Collective Traverse City MI 2009-2010

Northwestern Michigan Ballet Theater 2018-present

## **Professional Society Memberships**

American Osteopathic Association

Institute of Functional Medicine

## **Advisory Board Positions**

Groundwork: Center for Resilient Communities

Northwestern Michigan Ballet Theater Board

Novello Evidence Based Medicine

## **Presentations**

Farm Food and Health Conference Planner 2016

Wellness Coordinator at Trinity Lutheran School 2017-2019

Every Kid Healthy Week Planner, Trinity Lutheran School 2017

Culinary Medicine Conference Presenter and Planner 2017

Traverse Bay Area Intermediate School District Conference Presenter "Nutrition at Noon" 2019

"Liver Renew" Lecture Series, Table Health 2018-2020

"Thyroid Health" Lecture Series, Table Health 2018-2020

"Happy Gut" Collaborative Presentation, Table Health 2018-2020

"Metabolic Health", Novello Health 2023

## **References**

**Debra Graetz MD, Brookside Family Medicine**  
647 E Eighth Street Traverse City, MI 49686 T: 231 922 0400

**Jill Butryn MD, Table Health**  
818 Red Dr Suite 100, Traverse City, MI 49684 T: 231 333-1331