**Paula Martin, MS, RDN, LDN,** *Community Nutrition Specialist at Groundwork Center For Resilient Communities.* Paula Martin began her career practicing Medical Nutrition Therapy in long-term care. In her current role with Groundwork and the public health sector, she draws on over 20 years of experience and continues to grow her practice to include the interactions of wellness with the built environment, ecological systems, and the socio-ecological public health model.