

MICHELLE SMITH, RD

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Education
1993-1997

MICHIGAN STATE UNIVERSITY, EAST LANSING, MI
BACHELOR OF SCIENCE, DIETETICS, SPECIALIZATION IN HEALTH PROMOTION

1998-Present

Academy of Nutrition and Dietetics (former American Dietetic Association)
Registered Dietitian #853672

Experience
2012-Present

NUTRITION PROGRAM INSTRUCTOR SNAP-ED
MICHIGAN STATE UNIVERSITY EXTENSION

- Using evidence based curriculum, plans, organizes, delivers and evaluates nutritional education programs in the local community.
- Recruits program clients/participants and community partners:
Maintains partnerships with Northwest Food Coalition, Munson Medical Center, TCAPS, TBAISD, WIC, Telemon Migrant Head Start, Grand Traverse Band of Ottawa and Chippewa Indians, Northern Lakes Community Mental Health, Commission on Aging, Disability Network, BrickWays, Kalkaska Memorial Health Center Teen Health Corner and Michigan Nutrition Network to promote education within our surrounding communities.
- Provides youth, teens, adults of all demographics with nutrition education and hands on cooking experience.
- Uses nationally recognized curriculum Cooking Matters for teens and adults and Spartan Performance for youth sports teams.
- Programs in high schools providing Cooking Matters for Teens to increase life skills in healthy eating on a budget.
- Promotes multi-organizational partnerships within the community, most notably helping BrickWays during the interview process for a rotary grant to build a community kitchen.
- Provides knowledge of “teaching kitchens” to help design the new BrickWays Community Kitchen.
- Assists the Kalkaska/Forest Area Teen Health Clinic in acquiring a grant to promote healthy eating and physical activity through the District Health Department 10 Michigan Health Endowment Fund.
- Along with teaching nutrition, physical activity and food safety, I facilitate PSE’s (policy, systems and environment) in Smarter Lunchrooms Movement, School Wellness Policies and Worksite Wellness.

- I provided a break out session for the National Association Food Distribution for Indian Reservations with the aid of the USDA at their national conference.
- I am providing a two hour break out session this fall for a Physicians Conference on Cooking Matters programming.
- Responsible for collecting data related to programming efforts and results, and reporting in a timely manner.
- Participates in curriculum review and has piloted several new programs in the state including, Eat Smart, Live Strong programming, Smarter Lunchroom Movement pilot with Michigan Department of Education, and reviewing the Teen Cuisine curriculum with educators on campus to pilot this fall.
- Prepares and maintains nutritional program records and reports in adherence to MSUE and DHHS.
- Actively participates in training to retain Registered Dietitian status and expand proficiency in all health and wellness areas.

2002-2012

STAY AT HOME MOM

- Consulted with Bendle Schools for various grants
- Taught nutrition segments to parents of S.K.I.P program of Genesee County.

2000-2002

CLINICAL DIETITIAN

WILLOWBROOK MANOR, FLINT MI

- Worked with team to develop, implement, and monitor resident nutritional care plans.
- Delivered nutrition care including residents with enteral feedings, pressure ulcers, and weight loss.
- Provided nutritional information and instruction to staff.
- Reason for leaving: had children and fortunate enough to stay home

1999-2000

CLINICAL DIETITIAN

SPECTRUM HEALTH, GRAND RAPIDS

- Determined patients' needs and developed nutritional care plans.
- Delivered nutritional care to critical care, G.I., Cardiac, Burn, Cancer Patients.
- Participated in community education programs.
- Educated families and patients (pregnant teens) on nutritional needs and lifestyle changes.
- Worked with staff to ensure quality assurance program.
- Reason for leaving: married and moved to Flint

References

Jennifer Berkey
 District Coordinator MSU Extension
 (231) 342-9595
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Patrick Cudney
Associate Director for Operations MSU Extension
(231) 499-3450
cudney@anr.msu.edu

Joanna Durfee
Kalkaska Memorial Health Center
(231) 360-3242
JDurfee@mhc.net

More references available upon request.