

Lynette S. Maxey, RDN, CDCES

5855 Milarch Road

Manistee, MI 49660

(240) 404-8935

maxeymom@yahoo.com or lmaxy2@mhc.net

WORK EXPERIENCE

Sodexo Services – Health Care (Aug. 1996-Present)

**Paul Oliver Memorial Hospital/Munson Manistee Hospital/Munson Healthcare –
Clinical Nutrition Manager 3 (10/21-Present)**

- Responsible for all Clinical Services at Paul Oliver & Munson Manistee Hospitals
- Responsible for systemizing the “outer” hospitals in the Munson Healthcare System
- Responsible for adherence to CMS, Joint Commission, Michigan & Federal Regulations
- Responsible for special menus & holiday menus for patients & residents
- Responsible for guidance, education, and engagement of system dietitians
- Site Coordinator for Certified Diabetes Education Program
- Provide Education for Dietetic Interns- Food Service, Community & Clinical

Paul Oliver Memorial Hospital- Frankfort, MI (3/07-10/21), *Multi-service General Manager*

- Responsible for Nutrition Services, Diabetes, EVS, Floor Care, Laundry & Courier Services
- Responsible for adherence to Michigan, Federal, Critical Access & CMS regulations
- Provide and Manage/Site Coordinator outpatient nutrition education & diabetes education
- Conduct and Facilitate Community Education Classes
- Provide Education for Dietetic Interns – Food Service, Community & Clinical

Memorial Medical Center of West Michigan, Ludington, MI (2/05-3/07)

Clinical Dietitian & District Liaison Dietitian

- Responsible for all inpatient nutrition services including diet office & menus
- Responsible for adherence to ISO 9002, HCFA, State and National Sanitation Standards
- Involvement without patient nutrition services and Food Service Management

Hackley Hospital, Muskegon, MI (9/03-Present), *Clinical Nutrition Manager 2*

- Responsible for Management of all Clinical Dietetic Services
- Provide Diabetes education at Hackley & Lakeshore Hospital’s Diabetes Centers
- Responsible for adherence to Joint Commission, HCFA and National Sanitation Standards
- Responsible for supervision and training of Dietitians, food service managers, employees & interns

Reserve Manager (9/02-9/03), *Clinical Nutrition Manager 1*

- Assisted with Sodexo Services Accounts: Metropolitan Hospital, Hackley Hospital, Memorial Medical Center of West Michigan and Paul Oliver Memorial Hospital

West Shore Medical Center, Manistee, MI (8/96-9/02), *Clinical Nutrition Manager 1*

- Responsible for all Community & Clinical Dietetic Services
- Development and revision of patient, Cafeteria, 5-Cap & Correctional menus
- Responsible for Diabetes Education Program

West Shore Medical Center, Manistee, MI (11/08-11/10) – *Diabetes Educator*

- Educator and Coordinator of the Certified Diabetes Education Program

Lakeland Regional Health System St. Joseph, MI (8/93-8/96), *Nutrition Services*

Coordinator

- Responsible for training, orientation, and education of Nutrition Services Department (System-wide). Responsible for all administrative dietitian duties including training, evaluation and disciplining of employees.
- Menu planning for patients and cafeterias.
- Site Coordinator for Andrew's University's Dietetic Internship
- Clinical Specialty Areas: Surgical, Pediatrics, NICU, Ortho/Neuro, OB, Cardiac and Acute Rehab.

Other Work & Volunteer Experience

- **Ecosure Auditor**- Audit various restaurants based on internal company requirements.
- **Adjunct Clinical Instructor- 1995-2019** Ferris State University (Childhood Nutrition), Lake Michigan College (Diet Therapy for RN's), Andrew's University (DI), Grand Valley State University (DI), Eastern Michigan University (DI) & Michigan State University (DI)
- **Community Nutrition** – WIC/Rose Street Clinic, School Wellness Committees, 4-H Classes, Girl Scout Classes, and Boy Scout Classes
- **College/University Food Service – 1988-1991** - Western Michigan University Cafeteria & Western Michigan University Dietetic Restaurant Management
- **Volunteer** – WIC, School Wellness Committees, 4-H, Girl Scouts, Onekama Lions Club, Portage Lake Watershed, Onekama Athletic Boosters, and Ducks Unlimited
- **Quantity Food Production** – Anderson's Family Restaurant and The Birch Tree Inn. Catering Services at various Weddings & Fund-Raising Events.
- **Ringel Real Estate & Auction** – 1981-Present – Bookkeeper/Cashier and Clerk

EDUCATION

Central Michigan University- Mount Pleasant, Michigan (1999-2000)

Area of graduate study: Master of Science in Human Nutrition

Western Michigan University- Kalamazoo, Michigan (1987-1992)

Bachelor of Science in Dietetics. Minors: Community Health Education and Chemistry

The Christ Hospital- Auburn Ave. Cincinnati, Ohio (July 1992-July 1993)

Academy of Nutrition & Dietetics - Approved Dietetic Internship

The University of Michigan- Ann Arbor, MI (June 1991-August 1991)

ACUHO-I/NACUFS Food Service & Housekeeping Management Intern

ORGANIZATIONS/CERTIFICATIONS/AWARDS

Northern Michigan Dietetic Association President & President Elect 2004-07 & 2012-23

MiAND Diversity Committee- 2021-2022

Northern Michigan Dietetic Association Newsletter Editor 2011-14

Active Member of the Michigan & American Academy of Nutrition & Dietetics

Michigan Nutrition Academy Annual Conference Chair- 2007

Michigan Dietetic Association Award 2008-2009

Nominated 2006 for Michigan Dietitian of the Year

American Nutrition Association – Professional Associate

Certified in OSHA General Industry Safety & Health – Since 2015

Certificate of Training in Malnutrition – 2015
Grand Valley State University Outstanding Preceptor Award- 2020
Sodexo Champion of Diversity Award – 2005
Certified Diabetes Care and Education Specialist – since 2001
Certified in Sanitation and Food Safety since 1995 (ServSafe &/or NEHA)
AND Practice Groups- Diabetes Care & Education, Food & Culinary, Dietitians in Health Care
Communities, MNT, Dietitians in Functional Medicine, and Healthy Aging
Member of the Western Michigan University Alumni Association
Outstanding DHCC (Dietitians in Health Care Communities) Member- 2008
State Regulatory Specialist for Michigan Academy of Nutrition & Dietetics 2009-2012
Food & Farming Network Member
Farms to Institutions Member

Professional Presentations/Classes

- COHP 205 – Adjunct Instructor- Childhood Nutrition – Ferris State University
- HMG113 – Adjunct Instructor Nutrition & Diet Therapy – Lake Michigan College
- CUL 190 – Culinary Internship – Great Lakes Culinary Institute – Approved Site
- Dietetic Master’s Level Preceptor for Food Management, Clinical I and Community I & II
- Hydration in the Elderly – Northern Michigan Dietetic Association (NMDA)
- Surviving a State Survey - NMDA
- The Science behind Home Food Preservation – NMDA, Sodexo
- Physical Assessment of your Resident - NMDA
- Childhood & Adolescent Obesity – TIPDON (Michigan Diabetes Outreach Network)
- State Regulatory Issues – MiAND (Michigan Academy of Nutrition & Dietetics)
- Making Your Kitchen OSHA Proud- MiAND
- Deciphering Diets – TIPDON
- Customer Service – NMDA
- Diversity Training – NMDA/Sodexo
- CARES/FOSS Training – Sodexo (Compassion, Accountability, Respect, Enthusiasm & Service/Focus on Spirit Service)
- Insulin Delivery Devices – Physician -CMEs provided
- Diabetes & Chromium – Physician -CMEs provided
- Blood Glucose Monitoring Devices – Physician -CMEs provided

Community Classes & Presentations

- Diabetes Self-Management Education Classes, Cardiac Nutrition Classes, Pre-Natal Nutrition Classes, Pre-Diabetes Classes, Low Carb & Heart Healthy Cooking Classes, Sports Nutrition
- Community Education Monthly Series – All About Oils, Vegetarian, Home Canning, Functional Foods, Carbohydrate Counting, Eating Gluten Free, Healthy Asian Foods, Mediterranean Diet, Food Safety & Picnics, Lighter Summer Grilling, Waist Not this Holiday Season, Eating on a Budget, GMO’s, Pre & Probiotics, Phytonutrients, Ancient Grains, Food & Mood, Spice up Your Life, Artificial & Alternative Sweeteners and many others
- Basic Weight Management Tips
- Boy Scout Nutrition Badge (Now required for Eagle Scout Rank)
- Girl Scout Badges – Simple Meals, International Cuisine, Dairy/Calcium, Eating for Beauty
- Food Safety Education
- 4-H Nutrition Education Classes & Food Preservation Classes