

Laura McCain, RD, CDE, *Clinical and Culinary Dietitian, Munson Medical Center.*
Laura McCain received her BS in Medical Dietetics from the University of Illinois in 1980. She has worked in various hospitals from Ann Arbor, to St. Louis, to Shreveport Louisiana. She obtained her associate degree in Culinary Arts from Northwestern Michigan College's Great Lakes Culinary institute in 2003. Obtaining her chef degree has significantly helped her ability to communicate how to make healthy food taste great. Laura has worked at Munson Medical Center for 21 years.