Jane Rapin, RD, CDE, *Nutrition Educator, MSU Extension.* Jane Rapin works with SNAP-Ed in District 3, covering Leelanau and Grand Traverse counties. Jane is a Registered Dietitian and Certified Diabetes Care and Education Specialist (CDCES) with a career in the nutrition field for over 25 years. She has a range of public health, clinical and diabetes knowledge. Her current role at MSU Extension has provided opportunities to share this knowledge with a diverse population. She loves helping others learn new skills that will empower them to try new foods and look at familiar ones in a healthier way.