

Eileen Mikus, MS, RDN

My professional interest in Nutrition is centered around education of not only the general public (diabetes education programs, hands-on grocery store tours) but also providing guidance to other health professionals. To that end I have written articles for professional publications, and have served on planning committees for many professional education conferences.

Continuing to learn about the newer areas of Nutrition has kept me involved and engaged in the evolving field. I am especially interested in the effect of Nutrigenomics on an individual's need for specific nutrients as well as tolerance of specific food ingredients. I continue to look for ways to present the RDN as the Nutrition expert.