

▶ Eileen Foulkes Mikus, MS, RDN

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Education

Tufts University, Medford, Massachusetts, Master of Science in Nutrition

University of Michigan, Ann Arbor, Michigan, Bachelor of Science in Nutrition Science

Experience

Section Manager, Michigan Department of Licensing and Regulatory Affairs (February 2013 – June 2022). Coordinated scheduling and monitored completion of annual certification and abbreviated complaint/incident surveys for Long Term Care facilities; reviewed, edited and submitted required reports for health care surveys per the requirements of Principles of Documentation. Monitored and evaluated the performance of 12 Health Care Surveyors; participated in the hiring and training of new Health Care Surveyors to prepare them for the SMQT qualifying examination. Reviewed and approved LTC facility Plan of Correction following submission of Center for Medicare and Medicaid Services (CMS) 2567 Statement of Deficiencies. Prioritized complaint/incident allegations for determining survey deadlines. Conducted Independent Dispute Resolution reviews for final citation determination.

Health Care Surveyor, Michigan Department of Licensing and Regulatory Affairs (April 2011 – February 2013). Participated as part of the survey team to Long Term Care facilities throughout northern and upper Michigan; evaluated quality of care, quality of life, and facility practices within the regulations set forth by Center for Medicare and Medicaid Services (CMS); completed reports using the Principles of Documentation within the required timeframes; verified Plan of Correction as approved by the Licensing Officer.

Diabetes Education Program Coordinator, Otsego Memorial Hospital, Gaylord, Michigan (March 2005- September 2009). Maintained Recognition through the American Diabetes Association and Certification through the Michigan Department of Community Health for comprehensive Diabetes Self-Management Training; approximately 140 referrals annually from 30 referring physicians. Developed materials and conducted group trainings and individual counseling of patients with Type 1 or Type 2 Diabetes. Evaluated performance of Registered Nurse, Pharmacist, and Exercise specialist instructors.

Outpatient Diabetes Educator, Endocrinology, Petoskey, Michigan (January 2003- March 2005)

Certifications

- ▶ **Registered Dietitian** (650183)
- ▶ **Certified Diabetes Educator** (09510342) through December 2020

Professional Highlights

2020- present Michigan Academy of Nutrition and Dietetics annual conference planning committee

2016, April 6th: Speaker, Joint Provider Surveyor Conference, “Nutritional Aspects of Wound Healing”

2006-2010 Chair, Board of Dietetics and Nutrition, Michigan Bureau of Health Professions

2004-2006 Michigan Delegate to the Academy of Nutrition and Dietetics

2002-2004 Diabetes Care and Education Practice Group, Insulin Pump Task Force

2002 Michigan Dietetic Association Registered Dietitian of the Year Award

2001 Diabetes Care and Education Practice Group, Reimbursement Chair

2000 Michigan Organization of Diabetes Educators, Region 2 Representative

Professional Publications

DCE Newsflash

Journal of American Dietetic Association

Public Presentations

2010 – “Supermarket Smarts”, Oleson Foods, Petoskey, MI

2005 – “Teens and Nutrition”, Antrim Concord School, Alba, MI

2003 – “Nutrient Density: Putting More Power on American’s Plates”, Gaylord, MI

2000 – “Weight Control and Sports Nutrition”, Rogers City High School, Rogers City, MI